



Interventions to Enhance an Active Lifestyle in High-Risk Populations

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Message from the Guest Editors

Dear Colleagues,

For our Special Issue '*Interventions to Enhance an Active Lifestyle in High-Risk Populations*', we invite the submission of studies that can contribute to reducing health inequities by investigating interventions that enhance an active lifestyle in high-risk populations.

This Special Issue focuses on, but not exclusively, the following topics:

- Face-to-face, eHealth or blended interventions
- Development, evaluation, and/or implementation of interventions
- Processes of behavioural change to enhance an active lifestyle

Methodologies may include, but are not limited to, randomized controlled trials, non-controlled trials, within-subject studies, ecological momentary assessments, proof-of-concept studies, and (co-creation or user-centered) intervention development projects; systematic reviews and/or meta-analyses examining the effectiveness of (components of) interventions targeting active lifestyle are also of interest. We welcome quantitative, qualitative, and mixed-methods studies.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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